

# GLUTEN SENSITIVE MENU

## APPETIZERS

**FOUR CHEESE STUFFED MUSHROOM CAPS 8**  
cream cheese, feta, mozzarella, Boursin, garlic, scallions

## SALADS & SOUPS

### PEPPERCORN SEARED SALMON SALAD 16

fresh Atlantic salmon, balsamic dressed greens, goat cheese, red onion, tomato

### CHOPPED SALAD 13

romaine, grilled chicken, bacon, avocado, banana pepper, tomato, parmesan, balsamic vinaigrette

### EDAMAME CHICKEN SALAD 13

grilled chicken, edamame, peanuts, avocado, roasted red pepper, peanut sauce, Napa cabbage, romaine, sesame ginger dressing

### BUFFALO SALAD 12

mixed greens, ranch dressing, gorgonzola, grape tomatoes, red onion, grilled chicken

### SOUTHWESTERN SALAD 13

shredded lettuce, black bean & corn relish, tomato, cheddar cheese, pico de gallo, marinated grilled chicken, avocado ranch

### CAESAR YOUR WAY 10

romaine, Asiago cheese made-in house, Caesar dressing

*Add grilled chicken - 3 • shrimp - 5 • salmon - 7*

### SOUPS CUP 5 • BOWL 6

chicken tortilla • french onion

## SANDWICHES & BURGERS

*Served with tossed salad  
Fresh fruit - \$2*

*All sandwiches and burgers will be served on gluten free bread or bun*

### PRIME RIB SANDWICH 17

shaved prime rib, roasted red pepper mayo, roasted onions & peppers, melted Swiss

### CHICKEN AVOCADO SANDWICH 13

grilled chicken breast, provolone cheese, fresh avocado, mixed greens, tomato, roasted red pepper mayo

### BACON, LETTUCE, TOMATO AND BACON 11

bacon, lettuce, tomato, more bacon, roasted garlic mayo

### SALMON BLT 14

peppercorn seared Atlantic salmon, bacon, lettuce, tomato, roasted garlic mayo

### CLUB 13

shaved ham & smoked turkey, Swiss, Provolone, American cheese, crisp bacon, lettuce, sliced tomatoes, garlic mayonnaise

### REUBEN 12

sliced corned beef, melted Swiss, sauerkraut, Thousand Island dressing

### CERTIFIED ANGUS BEEF® BURGER 12

Certified Angus® ground chuck

### ALL AMERICAN STUFFED BURGER 15

Certified Angus Beef®, American cheese, thick-cut bacon

### IMPOSSIBLE BURGER™ 16

plant-based burger, smoked gouda, caramelized onions, roasted red pepper mayo, mixed greens, tomato

### TURKEY BURGER 13

baby arugula, roasted garlic mayo, feta, tomato

### BISON BURGER 15

seasoned bison burger

## STEAKS, RIBS & SPECIALTY BEEF

*All steaks include a side salad and your choice of:  
baked potato or parmesan mashed potatoes.  
Make it a caesar for \$1.*

*All our steaks are 28 - 35 days aged*

### FILET MIGNON TENDERLOIN 6oz 31 | 10oz 40

the most tender cut

### CHUBBY CUT TOP SIRLOIN 9oz 21

*Certified Angus Beef® makes it the choice of choice*

### CHARBROILED RIBEYE 11oz 28

*Certified Angus Beef® makes it the choice of choice*

### NEW YORK STRIP 29

a classic cut well marbled

**STEAK  
ADD-ONS**

roasted mushroom medley - \$4    grilled onion - \$2

### UPGRADE YOUR SIDE 2

grilled asparagus | green beans | loaded baked potato | roasted vegetables  
roasted rosemary potatoes | Brussels sprouts | fresh fruit

### 24 HOUR RIBS • HALF 18 FULL 25

available in half-rack and full-rack, house BBQ sauce, parmesan mashed potatoes

### SLOW ROASTED PRIME RIB\* 8oz 22 | 12oz 27 | 16oz 33

we slow roast our prime rib for peak tenderness

FRIDAY & SATURDAY ONLY AFTER 4PM • COME EARLY OR SOLD OUT!

## SEAFOOD & CAJUN

### SHRIMP JAMBALAYA 16

shrimp, andouille sausage, Cajun spices, tomato, green pepper, onion, spices, rice

### CHICKEN JAMBALAYA 14

Cajun chicken breast, andouille sausage, Cajun spices, tomato, green pepper, onion, rice

### FRESH CEDAR PLANKED SALMON 21

Atlantic salmon, teriyaki glaze, roasted potatoes, roasted vegetables

### WALLEYE 26

blackened, roasted vegetables, roasted potatoes

### BOUILLABAISSE 27

shrimp, scallops, clams, whitefish, mussels, rich broth

### GRILLED ATLANTIC SALMON 16

roasted potatoes, roasted vegetables

### SALMON FRESCA 21

Atlantic salmon, roasted vegetables, asparagus, tomatoes, balsamic vinaigrette, feta cheese, citrus butter



**THUNDER BAY SPECIALTY**

\*Hamburgers or steaks served rare or medium rare may be undercooked and will only be served upon consumer's request. Whether dining out or preparing at home, consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. | ©2020 HOA Development LLC | 20-0530 Thunder Bay Grille - Gluten Sensitive Menu